



MESSAGE TO THE STUDENTS

Dear Student

June 20, 2020

We have crossed almost 90 days (3 months) in this lockdown situation. Though certain activities have come to a standstill, we must remember that the restriction is only against movement outside the safety of our homes and not of life in general.

In fact, when certain aspects of our life take a back seat, we must use all other faculties to the fullest, and make most of the time and energy at our disposal.

In celebration of the eternity of the cosmos which does not wait for any man made disaster, **TWO big events** mark the date of 21 June, 2020, ie, tomorrow.

1. The first is the celestial event of a massive **Solar Eclipse**, which will be one of its kind.
2. The other is the celebration of the innate infinite potential of the human mind and body... The **International day of Yoga**.

I would like each one of you to be aware of the importance of each, and use your day tomorrow constructively in **pursuit of scientific knowledge, physical fitness and mental peace**.

The teachers have prepared two videos for all of you. Please utilise them to benefit yourselves. In pursuit of the excellence that already exists deep within all of us.....

With love and prayers for a stronger You

Sumana Dutta Sarkar
Head of School